

HIV AND HETEROSEXUAL CONTACT IN **MARYLAND**, **2018**

OCTOBER 2019

New HIV Diagnoses in Maryland

In 2018, there were 383 reported HIV diagnoses among persons with HET exposure.

- Of the 994 reported HIV diagnoses in 2018, 38.5% were attributed to HET exposure.
- Of the 716 male and 278 female HIV diagnoses in 2018, 18.1% and 91.0%, respectively, were attributed to HET exposure.
- Among HIV diagnoses with HET exposure during 2018, 26.2% were diagnosed with AIDS within 3 months, indicating they were likely infected for years without knowing it.
- It is estimated that an additional 13.3% of persons with HET exposure living with HIV in Maryland remain undiagnosed, as of 2017.

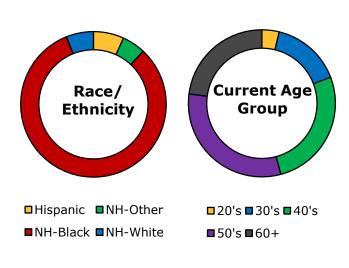
Trends in HIV Diagnoses with HET Exposure, 1985-2018



Year of HIV Diagnosis

Characteristics of Marylanders with HET Exposure Living with HIV

At the end of 2018, there were 11,910 people living with diagnosed HIV with HET exposure.



- Of the 31,559 total persons living with HIV in 2018, 37.7% were attributable to HET. Among males and females, HET accounted for 18.3% and 75.7% of exposures, respectively.
- Total persons living with diagnosed HIV attributed to HET were highest among people diagnosed in their 50's (30.5%) and among NH-Blacks (81.9%).
- Of the 11,910 total HIV diagnoses attributed to HET, 76.8% had a viral load test result reported in 2018. Of those with a reported viral load test, 87.7% had a suppressed viral load.

NH: Non-Hispanic | HET: Heterosexual Contact

Center for HIV Surveillance, Epidemiology and Evaluation Prevention and Health Promotion Administration Maryland Department of Health http://phpa.health.maryland.gov/OIDEOR/CHSE

Multiple imputation was used to estimate and adjust for missing exposure category.

Data represents adults and adolescents (ages 13+) only. Data reported through 06/30/2019 from the Maryland Enhanced HIV/AIDS Reporting System (eHARS).